



Quiet Spaces: SHHH!

The Inclusion Committee is once again making available a quiet space for those who need or want a few minutes of personal time during High Holiday services (1st day Rosh Hashanah and Yom Kippur morning; 10:00am-1:00pm). The space will be in the Staircase Art Gallery. Chairs will be available and some reading material. The intention is that those who need a break from the stimulation of a large group of people and the activity of group prayer can go there to relax and meditate. The intention is for this to be a quiet area, so we urge that conversations be kept to a minimum and a whisper.

In addition, and working with Education Director Barbara Weisman, there will be an adult and child Whisper Room for those who need a quiet break from the organized services and activities. Room 4, in the basement, will be available from 10:00am to 1:00pm and will have books and coloring materials. All children must be supervised by a parent (or other close adult) at all times and the space is intended for quiet relaxation. Again, all conversations should be kept to a whisper.

We hope that these spaces will be helpful additions to the High Holiday experience. Please direct your feedback to Wendy Elliott-Vandivier (Chippersmom2@msn.com) or the office.