

High Holiday Adult Services and Activities 5781/2020

Saturday night, September 12 – Selichot – program | 8:00pm

A Night of Catharsis/ Emotional Release as we turn the corner of the new year

We've all been through A LOT this year. Unlike the way we entered (or were *thrown into*) 2020, we have the chance to enter into 5781 on our own terms – a bit wiser and with our eyes open. In order to do this, we have to deal with that which we pushed down and compartmentalized during the first months of the pandemic: Anger. Loss. Sadness. Betrayal. Regret. Resentment. Through Laughter Yoga (and other outlets for emotional release?), we will bring some of these pieces to the surface and grant ourselves permission to release them (and ourselves from them) so that we can be ready to enter the new year... on our own terms!

Friday evening, September 18 – An Erev Rosh Hashanah Seder

6:00-7:00pm

Saturday morning, September 19 – First Day Rosh Hashanah

9:00 – 10:30 Adult Study Havurah

10:00 – 12:30 Main Service (Torah service ~ 11:00)

2:00 - 3:30pm Tashlich [choice to attend this outdoor service in person masked with social distancing, or digitally].

Sunday morning, September 20 – Second Day Rosh Hashanah, differently

10:00am-12:30pm Rosh Hashanah Morning service

From 10-11am, choose your own *avenue of spirituality*. Select from traditional davening or one of our non-traditional, creative options. At 11am, we will join on the same Zoom for the Torah service.

1:00pm Rosh Hashanah BYO-picnic (masked, one family per blanket, with social distancing), at the locations of the shofar services

2:00pm Shofar Service- at various locations

Sunday evening, September 27 – Erev Yom Kippur/Kol Nidre

6:15 – 7:15pm

Monday morning, September 28 – Yom Kippur morning

10:00 – 12:30 Service for Yom Kippur Morning

Monday afternoon, September 28 – Yom Kippur afternoon

1:00 – 1:45pm Meditation

2:00 – 2:45pm Healing Service

3:00 – 4:30pm Adult Study Havurah

5:00pm Yizkor

6:00 – 7:36pm Minchah & Ne'ilah