



GENERAL OUTLINE OF SHABBAT MORNING SERVICE
For a Bar/Bat Mitzvah
(Pages from Kol Haneshamah: Shabbat veHagim,
Reconstructionist Prayer book for Sabbath and Festivals)
Prayers led by the Bar/Bat Mitzvah are written in boldface type

This outline is a general guideline. Specific services will vary. Times are approximate to serve as guides for parents

Page number Name of prayer or reading

10:05 AM

Part I: Preliminary Service: Birchot Hashachar (morning blessings) and Pesukei D'zimra (verses of praise)

141	Mah Tovu
140	English reading
142	Presentation of Tallit
153-161	Birchot Hashachar (morning blessings);
165	Elohay Neshamah
177-179	Baruch She'amar
209-211	Psalm 92/Psalm for Shabbat
231	Psalm 150
235	Nishmat Kol Chay
241	Shochan Ad

Possible themes for readings or songs to add to Part I include: welcoming, appreciating and celebrating life, nature, and Shabbat.

Suggested readings from the prayer book can be found on pages: 232-33, 733,739,742-43,759,761,762,798,798-99.

10:30 AM

Part II: Shacharit (morning service): Shema and its Blessings, Amidah (standing prayer)

245	Chatzi Kaddish (short kaddish)
247	Barechu → opening of Yotzer Or (blessing of light)
253	El Adon
269	Or Chadash → closing of Yotzer Or



272	English of Ahavah Rabah (blessing of God's love) –
275	conclusion of Ahavah Rabah (sung in Hebrew)
277	Shema/Ve'ahavta
279-289	2 nd and 3 rd paragraphs of the Shema (silent)
288	English (in unison; may be led by congregant or guest)
291	Mi Chamochah
295-305	Amidah (Avot Ve'imot, Gevurot and Kedushah)
307-323	Amidah, continues silently (ends with Oseh Shalom)
381 (optional)	Kaddish Shalem

Possible supplementary readings or songs to intersperse in Part II: appreciation of nature and creation; Shabbat; God; social action; prayer; moral and ethical action. Possible suggestions from our prayer book: pp. 759, 270-71, 755-56, 780-81, 774, 292, 740, 742, 744-46, 748, 753, 772, 801, 839.

If the Bar/Bat Mitzvah service takes place on a festival (including Sukkot, Chanukah, Passover, Shavuot, or the beginning of any Jewish month) a selection of psalms of praise, called Hallel, is added at this point, before the Torah service. The recitation of Hallel (357-379) takes approximately ten minutes.

11:00 AM

Part III: Torah Service

383	Eyn Kamocha, etc.
385	Ark is opened; Torah is removed and is passed down through the generations. (optional)
393	Shema, Echad Eloheynu, Gadelu Ladonay
393	Torah processional with Bar/Bat Mitzvah and family Torah reading 407 Torah is lifted and tied (Hagbah and Gelilah)
409-411	Haftarah (blessings → reading → blessings)



11:30 AM

Remarks

D'var Torah, Mitzvah Project and thank-you

Parents' remarks

Rabbi's remarks

Congregational gift (optional: candy is distributed)

She-hechiyanu (whole family)

candy shower

433, then 441 Ark is opened; Torah is returned to the ark; ark is closed

12:00 PM

Part IV: Concluding Prayers and songs

443 Eyn Keloheynu (optional)

445-449 Aleynu (with English reading on p. 448)

451 Mourner's Kaddish

Concluding song (possibilities: 459- Adon Olam; 381- Oseh Shalom; 840-
Bashanah Haba'ah; or something else)

**465 Kiddush (Veshameru followed by 'Al Ken Berach' and 'Boray
p'ri ha-Gafen')**

ha-Motzi (whole family)

Possible themes for Parts III and IV: Torah, study; life moving on; cycles; parenting;
remembering; celebration. Possible suggestions from our prayer book: pp. 782, 743, 785,
785-86, 781, 414, 398 (below the line)