



Ask a Question, Save a Life

You're invited to Q.P.R. Gatekeeper Training

QPR stands for **Question, Persuade, Refer**:
3 simple steps that **anyone** can learn to help save a life from suicide.

Gatekeeper Training prepares attendees to:

- Recognize the warning signs of suicide
- Ask someone about suicidal thoughts
- Offer and connect to help

Or Hadash is hosting a free QPR training this spring:

March 26, 2017 | 10:30am - 1:30pm

190 Camp Hill Road

Fort Washington PA, 19034

Open to the Community

Brunch and lite refreshments will be served.

All are welcome, but space is limited.

Please RSVP by **March 15th** to Dr. Dan Schwarz
215-646-3695 | drdanpsychologist@gmail.com



This training is hosted in partnership with the **Montgomery County Suicide Prevention Taskforce**. For more information about local suicide prevention efforts, contact Anna Trout (610-278-5663 | atrout@montcopa.org) or visit www.montcopa.org/suicidepreventionontaskforce.