



Or Hadash's 5777 High Holiday Food Drive is from:

Tues., September 11th
to Fri., October 13th
*to benefit food-insecure
families in our community*

This year we will be collecting CANNED PROTEIN ITEMS:

- **Canned Beans**, Kosher required; lower salt preferred
(i.e. legumes, chickpeas etc.)
- **Nut Butters**, Kosher required; lower salt preferred
(i.e. peanut butter, almond butter etc.)
 - **Canned Fish**, Kosher required;
(canned tuna, salmon, sardines, etc.)

All food collected must meet the following criteria:

- Make sure all donations have a current date
- Make sure all donations are properly sealed
- **NO Bulk sizes** (large items cannot be packaged easily and are not appropriate for our senior recipients)
 - **NO glass items**

Please bring in your donations to support those in need through the Mitzvah Food Project. Your participation will help us to make this year's food drive our most successful yet!



**Jewish Federation of
Greater Philadelphia**

jewishphilly.org/mfp

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